

# 2019 INDIANA SAFETY AND HEALTH CONFERENCE & EXPO

February 26-28, 2019  
Indiana Convention Center, Indianapolis



**Advance pricing  
discount available  
until Feb. 1**

## DON'T MISS IT!

- New for 2019! Gibson's Supervisor Excellence Certification
- Back by Popular Demand: Construction, Technology in Safety and HR Sessions for the Safety Professional
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- 100+ Safety Vendors
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Jeff Saturday



Dr. E. Scott Geller



Regina McMichael

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# REGISTRATION/HOTEL INFORMATION

## 4 Easy Ways to Register

**Online:** [www.insafetyconf.com/registration](http://www.insafetyconf.com/registration)

**Phone:** (800) 824-6885

**Email:** [seminars@indianachamber.com](mailto:seminars@indianachamber.com)

**Mail:** PO Box 44926, Indianapolis, IN 46244-0926

Event/Dates	Advanced Discount Pricing (before February 1, 2019)	Standard Pricing (after February 1, 2019)
Full Conference: Feb. 26-28	\$449	\$499
Two Days: Feb. 27-28	\$349	\$399
One Day: Feb. 27 or 28	\$249	\$299
Pre-conference Workshops: Feb. 26	\$149	\$199
Expo-only: Feb. 27	\$99	\$99
GWSA Luncheon Only: Feb. 28	\$49 ticket   \$469 table of 10	
Student	\$99	\$99
INSHARP/VPP Site Meeting	FREE	FREE

## Group Discounts Available!

### Use promo code **GROUP**

Send 2 or more and get a 20% discount. Available online or email [seminars@indianachamber.com](mailto:seminars@indianachamber.com) to register your group. Safety team contests are at the conference.

## Hotel Information

The Springhill Suites and Courtyard by Marriott at the Marriott Place are the headquarter hotels for the 2019 Indiana Safety and Health Conference & Expo and are conveniently located via skywalk to the Indiana Convention Center. Reservations can be made the following ways:

1. Reserve your room online at: [www.INSafetyConf.com/hotel](http://www.INSafetyConf.com/hotel)
2. Call the Courtyard Indianapolis Downtown at (866)-704-2643 and request the 2019 Indiana Safety and Health Conference room block.
3. Call the Springhill Suites Indianapolis Downtown at (866)-704-6116 and request the 2019 Indiana Safety and Health Conference room block.

Our conference rate is available until January 25, 2019 (subject to availability).

## Cancellations/Substitutions

All cancellations must be received in writing. A \$25 processing fee per person will be charged for all cancellations. Cancellations received within two weeks of the conference date will be issued a credit certificate, less the \$25 processing fee. Credits can be used toward any future Indiana Chamber conference(s) for up to one year. Credit is fully transferable. Substitutions are welcome at any time, but are requested in advance of the conference.

## Special Diet Requests

If you have special dietary restrictions or food allergies, email [seminars@indianachamber.com](mailto:seminars@indianachamber.com) no later than February 12, 2019 so we can make arrangements for your meals.

## Send Your Entire Safety Team!

- Safety Managers/Directors
- Industrial Hygienists
- Occupational Health Nurses or Practitioners
- Contractors
- Construction Managers
- Safety Committee Members
- Safety Consultants
- Plant Managers
- Loss Control/Risk Managers
- Facility/Building Managers
- Safety Engineers
- Maintenance Supervisors
- Human Resource Professionals

## Conference Location

**Indiana Convention Center, 100 S. Capitol Ave., Indianapolis, IN 46225**

This year's conference and expo will be held at the Indiana Convention Center, conveniently located in downtown Indianapolis and connected to the headquarter hotel via skywalk. Parking information is available at [www.INSafetyConf.com](http://www.INSafetyConf.com).

## Conference Mobile App

Receive text alerts, agenda updates, schedule changes and speaker information right to your smart phone. Details are available on the conference web site at [www.INSafetyConf.com](http://www.INSafetyConf.com).

## Continuing Education

- ASSP CEUs: 1.6 max
- Wastewater operator credit: pending
- CHMM: CMP points are self-auditing; see [ihmm.org](http://ihmm.org) for criteria
- CIH/CAIHS: ABIH CM credit is self-auditing; see [abih.org](http://abih.org) for criteria
- Indiana Chamber Safety Specialist Certificate: up to three credits
- HRCI and SHRM recertification: maximum of 14.25

## Inclement Weather

Please visit [www.INSafetyConf.com](http://www.INSafetyConf.com) for details on our inclement weather policy.

# KEYNOTE SPEAKERS

February 27 | 8:15 a.m.



**Keynote Presentation**  
**Safety in Football**

## Jeff Saturday

**Super Bowl XLI Champion, NFL Analyst on ESPN**

Six-time Pro Bowl center and Super Bowl champion Jeff Saturday is back by popular demand to discuss the current state of safety in football. He serves as an in-studio analyst for ESPN since retiring from the NFL in 2013. Saturday appears on NFL Live, NFL Prime Time, SportsCenter and contributes to other ESPN programming. Saturday's NFL career spanned 14 years, 13 of which with the Indianapolis Colts, and one season with the Green Bay Packers. Though the NFL veteran entered the league as an undrafted free agent, Saturday was a fixture on the Colts teams that won Super Bowl XLI and represented the AFC in Super Bowl XLIV. He was named first-team All-Pro player two times and was named as a member of the All-Decade Team.

February 28 | 8:00 a.m.



**Keynote Presentation**  
**Safety/Life Lessons from Psychological Science: The Human Dynamics of Achieving an Injury-Free Workplace**

## Dr. E. Scott Geller, Ph Senior Partner, Safety Performance Solutions

There are seven evidence-based safety/life lessons from psychological science which should be the foundation of the human dynamics of industrial safety and health. While some of these lessons have already been applied successfully in numerous organizations worldwide, there is still potential for more beneficial applications of these lessons. Indeed, human well-being and life satisfaction is contingent on the number of individuals practicing these seven life lessons to increase occurrences of actively-caring-for-people (AC4P) behavior, and inspiring others to do the same.

February 28 | 12:00 p.m.



**Luncheon Presentation**  
**The Wife Left Behind: The Making of a Safety Professional**

## Regina McMichael, CSP, CET President, The Learning Factory, Inc.

Imagine the perfect safety world, where the workers thank you for your help, training is easy, valuable and effective, and the everyone thinks you are awesome for all that you do. Why, you are a safety superhero! But that not how it is. In fact some days, it's hard to remember why you do this job in the first place. In this program, Regina will revitalize your passion for safety and remind you that it's about the little wins in safety that keep us engaged. Regina started in safety when she suddenly found herself planning a funeral after her husband fell to his death while employed as a roofer. That began her journey to save just one life to make up for the one she lost. Go from struggling with the day-to-day challenges of the compliance-driven work mentality to seeing safety as a matter of little wins that happen along the way.

# 2019 CONFERENCE SPONSORS

## Conference Sponsor



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Sponsorships include an exhibit booth.  
For more information, please contact Jim  
Wagner at [jwagner@indianachamber.com](mailto:jwagner@indianachamber.com)  
or call (317) 264-6876.

# END ZONE SAFETY EXPO

**Expo Preview/Huddle-Up Reception | Tuesday, February 26 | 4:30 - 6:00 p.m.**

**Expo Hours | Wednesday, February 27 | 7:30 a.m. - 4:00 p.m.**

**EXHIBITORS** *List of exhibitors as of November 16, 2018*

**Visit these booths and be eligible for several prizes.**

3M  
Acoustical Systems, Inc.  
Aim Right Fire Extinguisher Training  
AirFeet Technologies  
Airgas On Site Safety  
American Society of Safety Professionals  
A-SAFE  
ATI Physical Therapy  
ATI Worksite Solutions  
August Mack Environmental, Inc  
**Board of Certified Safety Professionals (BCSP)**  
BOPLAN USA  
Boss Manufacturing Company  
Brady Corporation  
Cardiac Science  
Champions Windows & Home Exteriors of Indianapolis  
CICOA Aging & In-Home Solutions  
CIS onsite  
Columbia Southern University  
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Cornerstone Environmental Health & Safety  
Daniel A. Rodeno & Associates, LLC.  
ECO Infrastructure Solutions  
Edge PPE  
EMSL Analytical, Inc.  
Environmental Compliance Technologies, Inc.  
Ergo Advantage  
**Eskenazi Health**  
Examinetics  
Faith Technologies, Inc.  
Fauske & Associates, LLC  
Franciscan WorkingWell / TravelWell

Generation Green Recycling  
**Gibson**  
Hastings Air Energy Control, Inc.  
Indiana Chamber Business Education Resources  
Indiana Chamber Membership  
Indiana Department of Labor  
**Indiana Safety & Supply Company**  
Indiana University Health Business Solutions  
**Indiana University McKinney School of Law Master of Jurisprudence Program**  
Industrial Safety and Training Services  
Injury Prevention & OSHA Reporting  
Intrepid Industries Inc  
KERAMIDA Inc.  
**KHA Online-SDS™**  
Kids' Chance of Indiana  
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Magid  
Market Force, Inc.  
Micro Air, Inc  
Mid-America OSHA Education Center  
Motion Industries  
National Workwear  
OHD  
On Target Health, LLC  
Oswald Safety  
Parkview Occupational Health & Workplace Wellness  
Pristine Products, LLC  
Protectear USA  
Red Wing Shoe Company  
Ritz Safety  
RMS-Safety

Rockford Systems, LLC  
Rupp Safety Associates, Inc.  
SafeMetrics, LLC  
**Safety Management Group**  
Safety Resources, Inc.  
Safety Shoe Distributors  
SafetyWear  
SafeVision, LLC  
**Sentinel Safety Group**  
**Sentry Safety Services, Inc.**  
SGS Galson  
SHOWA  
SKC Inc.  
Slice Inc  
Stagg Safety: A division of DiVal Safety  
State Safety & Compliance  
T K Group, Inc.  
T&M Associates  
**Tec Laboratories, Inc.**  
The Cope Company Salt  
Tingley Protective Clothing and Footwear  
Tomo  
Trinity Safety Group  
United Sales Associates  
Vantage Point Consulting  
VelocityEHS  
Vincennes University  
VPPPA  
WellFit Inc.  
Wilcox Environmental Engineering, Inc.  
Workplace Safety & Health Co., Inc.  
Worksaver Employee Testing Systems, LLC  
ZOLL Medical

## Highlights for the 2019 Safety Expo

- 100+ safety exhibits
- Hands-on safety demonstrations
- Rest and Relaxation Center
- Speaker connections
- Professional Career Counseling



# WHAT'S GOING ON

## INSHARP/VPP Site Meeting

**Tuesday, February 26 | 9:00 a.m. – 12:00 p.m.**

Get an update on the Indiana Department of Labor's VPP and INSHARP cooperative programs at this session that will also feature best practices from Indiana VPP and INSHARP sites. The session is open to all Indiana VPP and INSHARP sites as well as anyone interested in learning about the programs and best practices as demonstrated by these sites. If you wish to attend the VPP session only, please call (800) 824-6885.

## End Zone Expo

**Preview/Huddle-Up Reception**

**Tuesday, February 26 | 4:30 – 6:00 p.m.**

**Day 2 Show Hours**

**Wednesday, February 27 | 7:30 a.m. – 4:00 p.m.**

**Expo Hall D**

Punt, pass or kick your way to the End Zone Safety Expo! Visit with the Safety Conference exhibitors to learn more about the products and services offered by our diverse range of exhibitors and sponsors. Attendees will be eligible for many prizes throughout the show hours.

## Tailgate Party

**Wednesday, February 27 | 5:00 – 6:00 p.m.**

Following the day's activities, we invite you to spend overtime with us and mingle with sponsors, exhibitors, speakers and other attendees.

## 2019 Governor's Workplace Safety Awards Luncheon

**Thursday, February 28 | 12:00 – 1:30 p.m.**

The Central Indiana Chapter of ASSP and the Indiana Chamber of Commerce, in partnership with the Indiana Department of Labor, are pleased to present the 2019 Governor's Workplace Safety Awards, recognizing the most innovative safety and health initiatives among Indiana's workplaces.

## Safety Teams

- Companies with 5 or more conference attendees will be recognized during the opening general session on February 27.
- Show your team pride! – Wear team shirts
- Provide conference organizers with company photos and logo to be featured at opening general session



## Professional Career Counseling

**Wednesday, February 27 | 9:30 a.m. – 4:00 p.m.**

Back by popular demand, we are pleased to offer professional career counseling at the conference. Conference attendees will have access to recruiters specializing in safety, health and environmental opportunities. They will be available on a first-come, first-served basis all day on February 27 for strategic career guidance, updates on the current state of the job market for EHS, detailed resume analysis and suggestions on navigating the interview process.

## Gibson's Supervisor Excellence Certification



This four-part series certification is a great opportunity to elevate your supervisor knowledge and freshen up your management skills. The series is centered around keeping your employees safe and your organization compliant in the case of a conflict or accident. Must attend all four sessions to receive certification, but each session and workshop is open to all conference attendees.

### February 26

Part 1: (Workshop 5) Kickoff and Communication, OSHA Compliance, and Accident Investigation

### February 27

Part 2: (Session 1G) Accident Documentation

Part 3: (Session 2G) Cost of Worker's Compensation

Part 4: (Session 3G) Harassment Prevention and Investigations/EEOC

# WORKSHOPS

## TUESDAY, FEBRUARY 26

### 9:00 a.m. – 12:00 p.m. Morning Workshops

#### **Workshop 1: Noise: Health Effects, Measurements and Controls** (All; Any)

- Need a primer on noise?
- Need a guiding hand on how to calculate noise exposure?
- Care to learn about noise control options?

*Andrew Havics, CIH, PE, Director, pH2, LLC*

#### **Workshop 2: Values-Based Safety: The Power Behind Safety Motivation** (All; Any)

- Discover how personal values drive thoughts and behavior
- Know how to help employees and leaders make safety a personal value
- Communicate safety messages based on values

*John Drebing, CSP, Motivational Safety Speaker, John Drebing Presentations*

#### **Workshop 3: Six Feet Up or Six Feet Under** (All; Any)

- The difference between OSHA and ANSI standards
- How to properly use fall protection
- How to inspect your fall protection

*Russ Howell, Senior Health & Safety Consultant, Sentinel Safety Group*

#### **Workshop 4: Ergonomic Assessment Tools** (All; Any)

- Identify when to use specific ergonomic assessment tools
- Understand the limitations of each ergonomic assessment tool
- Use the OSHA W-1 checklist, WISHA checklist, RULA, REBA, Liberty Mutual Tables, NIOSH Lifting Equation and EJMS for ergonomic assessments to calculate risk and make meaningful interventions

*Kenny Young, CSP, ARM, CRIS, AINS, CEAS, Director of Safety Services, Trinity Safety Group*

#### **Indiana Dept. of Labor**

##### **VPP. INSHARP/VPP Meeting**

Get an update on the Indiana Department of Labor's VPP and INSHARP cooperative programs at this session that will also feature best practices from Indiana VPP and INSHARP sites. The session is open to all Indiana VPP and INSHARP sites as well as anyone interested in learning about the programs and best practices as demonstrated by these sites.

*Beth Gonzalez, VPP Leader, Indiana Dept. of Labor*

### 12:00-1:30 p.m. Lunch (on your own)

### 1:30-4:30 p.m. Afternoon Workshops

#### **Workshop 5: Gibson Supervisor Excellence Certification: Kickoff and Communication, OSHA Compliance, and Accident Investigation** (All; Any)

- Define the latest NFPA 70E and OSHA requirements as they pertain to electrical safety and electrical distribution
- Learn what is required of employers to train and qualify persons working on or near energized parts 50 volts or greater
- Understand how to avoid injuries and OSHA citations by providing machine specific lockout/tagout procedures and arc flash assessment

*Izzy DeJesus, CSP, OHST, Loss Prevention Consultant; David Burke, CSP, Loss Prevention Consultant; and Andy Metsker, Loss Prevention Consultant, Gibson*

#### **Workshop 6: Arc Flash, OSHA and NFPA 70E: Get Protected** (All; Any)

- Define the latest NFPA 70E and OSHA requirements as they pertain to electrical safety and electrical distribution
- Learn what is required of employers to train and qualify persons working on or near energized parts 50 volts or greater
- Understand how to avoid injuries and OSHA citations by providing machine specific lockout/tagout procedures and arc flash assessment

*Doug Tellin, Owner, Electrical Safety Specialists, LLC*

#### **Workshop 7: Get the Edge: Become a Discretionary Effort Leader** (I; Any)

- How to create a workplace where individuals feel not only physically safe but safe to speak the truth
- How to build a workplace where employees want to come to work and are challenged and supported in their professional growth
- Refine the process of rational alignment of all teams and employees when providing vision and direction

*Karla Brandau, CSP, CF, RCC, CEO, Workplace Power Institute*

#### **Workshop 8: It's Not You, It's Your Content** (All; Any)

- The importance of creating a content marketing strategy in conjunction with your business plan
- The importance of using content calendars
- Distribution plan strategies

*Melissa Harrison, CEO, Allee Creative*

#### **Workshop 9: Addressing Global Injury Trends With Fitness for Duty Testing and Ergonomics: The Role of the Safety Professional** (A; Any)

- Key ergonomic changes to accommodate deconditioned and older employees and to properly identify essential job tasks
- Extrapolate essential job demands into a functional job description that forms the legal foundation for fitness-for-duty testing
- Evaluate fitness-for-duty test designs for full compliance with ADA and EEOC anti-discrimination policies

*Richard Bunch, PhD, PT, CBES, CEO, WorkSaver Systems*

### 4:30 - 6:00 p.m. Expo Preview/Huddle-Up Reception

# CONFERENCE AGENDA

WEDNESDAY, FEBRUARY 27

**7:30 a.m.-5:00 p.m. Registration Desk Hours**

**Location: Hall D Foyer, First Floor**

**7:30 a.m.-4:00 p.m. End Zone Safety Expo**

**7:30 a.m. Continental Breakfast in Expo Hall**

**8:15 a.m. Conference Opening General Session**

**Welcoming and Opening Remarks**

Chet Brandon, President, Central Indiana Chapter of the American Society of Safety Professionals, with Proclamation from the Indiana Dept. of Labor Commissioner, Rick Ruble

**Keynote Presentation: Safety in Football**

Jeff Saturday, Super Bowl XLI Champion, NFL Analyst on ESPN

**9:30 a.m. Time Out in the End Zone Expo**

## Concurrent Session One

Five sessions take place from 10:15 – 11:15 a.m., and four from 10:30 – 11:45 a.m. Please choose only one of the nine.

10:15-11:15 a.m.

### Construction and Maintenance

**1A. Opioid Abuse In Construction** (All; Any) 

- Marijuana and prescription drug use and their impact on drug testing
- Legal implications of marijuana and prescription drugs on drug testing policy
- How to train workers to recognize substance abuse

Sean Devenney, Attorney, Drewry Simmons Vornehm; Tiffany Ellefson, General Manager, DISA/Midwest Toxicology Services; Jason Miller, Indiana State Police; and Marcy Watson, Association Manager, Coalition for Construction Safety

### Effective Safety Management

**1B. Safety Onboarding: The Opportunity to Grow Your Safety Culture, One Person at a Time** (All; Any) 

- Three most important elements of an onboarding process, done in an efficient and positive way
- Best practices in timing, format and delivery of the onboarding process to begin to establish the value of safety and each person's role in the safety culture
- Practical "how-to" plan to design and implement the onboarding process

Cathy Hansell, SMS, CSM, CCSR, MS, JD, President, Breakthrough Results, LLC

### General Safety Sessions

**1C. Behavioral Safety Leadership: A Proven Process to Quickly Improve Safety Results** (I/A; Any)

- Bring your biggest safety challenges to this presentation
- How to create a simple plan to address one of these challenges
- Obtain a model to use for your specific challenge

John Austin, Ph.D., Director, Reaching Results

### INSafe/Safety Fundamentals

**1D. Air Sampling for the Non-Industrial Hygienist**

- Health standards regarding air quality
- How to conduct air sampling
- Analysis of the sample results and exposures

Tony Kuritz, INSafe Health Consultant, Indiana Dept. of Labor

### Management Safety Principles and Solutions

**1E. ISO 45001: Safety Management Systems** (A; 101+)

- Key elements of the ISO 45001 standard
- How ISO 45001 can improve your safety program
- Guidance for implementing or transitioning from OHSAS 18001 to ISO 45001 for third-party certification

Elizabeth Hill, Senior Project Manager, BCA Environmental Consultants, LLC

10:30-11:45 a.m.

### Occupational Health Safety & Wellness

**1F. How Safety and Health Professionals Can Effectively Use First Aid for Injury Mitigation** (I/A; 101+)

- Understand OSHA's first aid guidelines
- Methods to uncover employees at risk for future injuries
- How 75% of soft tissue injuries can be resolved without referral

Sheila Denman, MA, MS, PT, CEIS, Senior VP, ATI Worksite Solutions

### Gibson Supervisor Excellence Certification

**1G. Accident Documentation**

- When OSHA needs to be notified following an incident
- The claim has been reported to the insurance company
- Appropriate discipline has been implemented if applicable
- Steps to follow-up on the root cause including what training needs to happen, what processes need changed, etc.

Gary Clark, RSP, Loss Prevention Manager, Gibson

#### Gibson's Supervisor Excellence Certification



Sessions for technology in safety



Sessions for construction and maintenance presented by Coalition of Construction Safety



Sessions for human resources recertification credit

**\*Note: After each session title (when data available), in parentheses, are the session skill level and appropriate company/employee size. Skill levels are Novice (N), Intermediate (I), Advanced (A) or All. Company size ranges from zero to 500+ employees, or Any.**



# CONFERENCE AGENDA

WEDNESDAY, FEBRUARY 27

## Technology In Safety

### 1H. What You Really Need for an OSHA-Compliant Fall Protection Anchorage (I/A; 101+)

- Elements of a certified fall protection system
  - Often overlooked aspects of fall protection anchorages
  - OSHA's requirements for anchorage design, inspection and testing
- Tracey Riepenhoff, PE, CSP, Project Manager, LJB Inc.

## Updates in Education and Consulting Skills

### 1I. Making Refresher Training Fun! (All; Any)

- Understand how refresher training is often ineffective
- Learn strategies and activities that can be used to keep training fresh and make it fun

Kevin Beswick, President, RMS Safety

11:00 a.m. – 1:30 p.m. Halftime Lunch in the End Zone Expo

## Concurrent Session Two

Five sessions take place from 1:00-2:15 p.m., and four from 1:15-2:15 p.m. Please choose only one of the nine.

1:00-2:15 p.m.

## Construction and Maintenance

### 2A. Planting the Seed: Safety Leadership in Construction (All; Any)

- Examine ways to influence safe behaviors and employee trust
- Review critical factors necessary to get employees to take ownership of safety
- Determine interactive leadership skills necessary to improve safe behaviors

Chris Hall, CHST, Director of Education and Training, Safety Resources, Inc.

## Effective Safety Management

### 2B. How One of America's Safest Companies Approaches Safety Culture Leadership (I; 101+)

- Four components essential to creating sustainable change within a safety culture
- Core components for a system proven to deliver safety excellence and injury freedom
- Two tools that develop safety leadership and employee engagement and ownership in the safety culture

Joseph Wheatley, Vice President of Environmental, Health and Safety, EnPro Industries, Inc.

## General Safety Sessions

### 2C. Effective Communication for the Safety Professional (All; Any)

- Learn effective, positive communication techniques
- Discuss what a positive and a negative interaction looks like
- Discuss effective communication as it relates to field level safety interactions

Daniel Boreman, HSSE Director, Emission Monitoring Service, Inc.

## INSafe/Safety Fundamentals

### 2D. Can You Hear Me Now?

- An overview of the OSHA hearing conservation standard
  - Key elements of a good hearing conservation program
  - The types of available hearing protection and metering equipment
- Brad Freeman, INSafe Health Consultant and Gary Hulbert, INSafe Health Consultant, Indiana Dept. of Labor

## Management Safety Principles and Solutions

### 2E. Managing Safety Risk-Takers: Legal Discipline Strategies for Workers Who Disregard Safety Obligations (All; 250+)

- Write a comprehensive, clear and fair legal discipline policy for workers who disregard safety obligations
- Key components that must be included in your legal discipline strategy for workers who disregard safety obligations
- Which departments should be involved in developing and implementing your legal discipline strategy for workers who disregard safety obligations

Edwin G. Foulke, Jr., Partner, Fisher Phillips LLP

1:15-2:15 p.m.

## Occupational Health Safety & Wellness

### 2F. Substance Use Disorder and Your Workforce

Brandon George, Executive Director, Indiana Addictions Issues Coalition and Michael Thibideau, Director of Indiana Workforce Recovery, Wellness Council of Indiana

## Gibson Supervisor Excellence Certification

### 2G. Cost of Worker's Compensation

- Cost to the injured worker and the employer
  - Importance of a strong return-to-work program
  - Understanding how insurance premiums are affected by claims
- Andy Litchfield, CEES, UACRM, Loss Prevention Consultant, Gibson

## Technology In Safety

### 2H. Cage Free Ladders? Fall Protection Solutions for Fixed Ladders (All; Any)

- New OSHA 1910 Subpart D requirements for fall protection on fixed ladders
- Use, design and requirements of ladder safety systems
- Site specifics to determine which solution and options are best suited for a given application

Kevin Denis, Director of Special Projects, Gravitec Systems, Inc.

# CONFERENCE AGENDA

WEDNESDAY, FEBRUARY 27

## Updates in Education and Consulting Skills

### 2I. Go from Effective to Impressive Safety Training (N/I; Any)

- Understanding different adult learning styles and the elements of a solid training program
- Developing activities that keep training fun and attendees engaged
- Appropriate learning tools for your company and making clear, concise and effective presentations

*Brad Weber, Operations Manager, Safety Consulting, Sheakley Workforce Management Services*

## 2:15 p.m. Time Out in the End Zone Expo

### 2:45-3:45 p.m. Concurrent Session Three

## Construction and Maintenance

### 3A. Some Issues with the Silica in Construction

#### Regulations (I/A; Any)

- Struggling with assessing unlisted silica tasks?
- Wondering whether you are gathering the necessary data to meet the letter and spirit of the law?
- Looking to understand potential not-so-obvious liabilities?

*Andrew Havics, CIH, PE, Director, pH2, LLC*

## Effective Safety Management

### 3B. Confined Space and Elevated Rescue Preparedness

(All; Any)

- How to know if your local fire department can do confined space or elevated rescue
- How to measure the abilities of the local rescue service
- What to do if your local fire department does not offer rescue services

*Aaron Bolinger, Battalion Chief, Warsaw-Wayne Fire Territory*

## General Safety Sessions

### 3C. Fall Prevention vs. Fall Protection: A New Safety Category (I/A; Any)

- Ways to reduce the three most common kinds of ladder-related accidents and injuries
- Recent advancements in climbing equipment that will reduce risks on the job
- Improve workplace safety training by utilizing free live and online resources

*Dave Francis, National Safety Director, Little Giant Ladder Systems*

## INSafe/Safety Fundamentals

### 3D. Culture Shock: The Effects of Exemplary Programs on Safety

- Improved employee morale
- Increased productivity and product quality
- Greater marketability

*Kenneth Boucher, Deputy Commissioner of Labor, INSafe and Rebecca Ellson, INSafe INSHARP Consultant, Indiana Dept. of Labor*

## Management Safety Principles and Solutions

### 3E. Helping Supervisors Lead the Way (All; Any)

- How to develop the right attitude in your supervisors
- How to coach and mentor new workers
- How to train supervisors to identify hazards in the field

*Doug Hayes, CSP, ARM, SMS, OHST, CHST, ALCM, STSC, SH&E Director, Industrial, AECOM Hunt*

## Occupational Health Safety & Wellness

### 3F. Successful Strategies for Mitigating Workplace Violence (I; Any)

- Workplace violence exercises
- Workplace violence training
- Workplace violence mitigation

*Andrew Tirmenstein, Senior Project Manager, KERAMIDA*

## Gibson Supervisor Excellence Certification

### 3G. Harassment/EEOC

- The difference between harassment, discrimination and retaliation
- The importance of consistency in behaviors in the workplace
- What to do in the event of an alleged incident
- Pitfalls to avoid when remedying situations

*Shawna Neilson, AIC, AIM, AIS, Director of Risk Management Services, Gibson*

## Technology In Safety

### 3H. The Future of Predictive Injuries With Your Safety Data and the Internet of Things (IoT) (I/A; 101+)

- How to apply predictive analytics to your safety data
- Keys to creating value from your safety observations
- How the IoT will shape the future of safety

*Chuck Pettinger, Ph.D., Process Change Leader, Predictive Solutions*

# CONFERENCE AGENDA

WEDNESDAY, FEBRUARY 27

## Updates in Education and Consulting Skills

### 3I. Pushing Through the Plateau: Taking Your Safety Program to the Next Level (I/A; Any)

- Even well-intended and commonly employed efforts to improve safety can have unintended consequences
  - Organizations with near-zero accident and injury rates are especially vulnerable to these unintended consequences
  - These unintended consequences can undermine safety efforts and can explain why an organization's safety metrics plateau
- Mark Pergrem, MS, Senior Safety Consultant, SAFEmap International

### 3:45 p.m. Time Out in the End Zone Expo

4:00-5:00 p.m. Concurrent Session Four/ Expo Closes

## Construction and Maintenance

### 4A. Safe Rigging Practices (A; 250+)

- Rigging inspection procedures and safety planning
- How to inspect wire rope for defects
- Rigging equipment interaction with cranes

Rob Siemens, CEO, Royal Arc

## Effective Safety Management

### 4B. Environmental Health and Safety Considerations for Distillery Operations: A Holistic Approach (A; 0-100)

- Incident management
- Sustainability metrics
- Corrective action

Joshua Clay, Director of Information Management and EHS Analytics, Wilcox Environmental Engineering

## General Safety Sessions

### 4C. Emergency Planning for Farm and Agribusiness Operations (All; 0-249)

- Evaluate the risks presented by a farm or agribusiness operation
- Develop a plan to address potential hazards and situations
- Train employees on the hazards and prepare them for an emergency

Ben Peetz, CSP, CFPS, Agribusiness Risk Control Consultant, FCCI Insurance Group

## INSafe/Safety Fundamentals

### 4D. Don't Fall for It...Get Arrested

- The proper inspection, donning and use of a fall arrest harness
- The anatomy of a fall
- Techniques to safely rescue a fallen worker

Jameson Berry, INSafe Construction Safety Consultant, Indiana Dept. of Labor

## Management Safety Principles and Solutions

### 4E. Understanding Worker's Compensation (All; Any)

- Basic promulgation of an Experience Modification Rate and important timelines in the formula that present opportunities for improvement
- Implications of return to work programs and lost time incidents
- Is there really a benefit in not reporting claims?

Stephanie Perry, Assistant Vice President/Claims Management and Gabrielle Zimmer, Junior Casualty Analyst Commercial Lines, USI Insurance Services

## Occupational Health Safety & Wellness

### 4F. Where Does Worker Safety Begin and End? Ending Distracted Driving (I; 250+)

- The scope of the problem
- The technological solution that can reduce the risks and expense related to distracted driving
- Real-world examples of how the technology was implemented, its outcomes and its benefits

John Coye, HSE Manager, Walsh Construction and Brendan Sullivan, Global, VP Marketing, Cellcontrol

## Technology In Safety

### 4H. Machine Functional Safety: Safety Rated Control Systems (All; Any)

- General structural considerations and principles that should be taken into account when designing a safety-related control system
  - System Design according to ISO 13849, IEC/EN 62061
  - Category, performance level, safety integrity level (SIL)
- Amber Gray, FS Tech (TÜV Rheinland, #324/ 15, Machinery), Automation Area Manager, Kirby Risk

## Updates in Education and Consulting Skills

### 4I. Can You Defend Your Training on Game Day? (I; Any)

- The need for a defensible OSH training and educational system
- Major elements of the ANSI Z490.1 standard
- How to use this standard to assess and improve corporate training programs

Daniel Snyder, CSP, CET, CEO, SPAN International Training LLC

5:00-6:00 p.m. Tailgate Party (all attendees, speakers and sponsors/exhibitors are invited to attend)

# CONFERENCE AGENDA

**THURSDAY, FEBRUARY 28**

**7:30 a.m.-4:00 p.m. Registration Desk Hours**

**Location: Hall D Foyer, First Floor**

**7:30 a.m. Continental Breakfast**

**8:00 a.m. Morning General Session**

**Welcoming and Opening Remarks**

*Chet Brandon, President, Central Indiana Chapter of the American Society of Safety Professionals*

**Keynote Presentation**

**Safety/Life Lessons from Psychological Science: The Human Dynamics of Achieving an Injury-Free Workplace**

*Dr. E. Scott Geller, Safety Performance Solutions*

**9:00 a.m. Time Out**

**9:15-10:30 a.m. Concurrent Session Five**

**Construction and Maintenance**

**5A. Safety in Wind Turbine Construction** (All; Any) 

- How EHS is executed during highly technical wind turbine erection
- Why “fit for duty” matters (when climbing 300-foot ladders)
- The thrill of big cranes in high winds

*Kevin Turner, CSP, CRIS, Vice President of Risk Management, Infrastructure and Energy Alternatives, Inc. (IEA)*

**Effective Safety Management**

**5B. Professional Certification: The Winning Game Plan for Safety and Health Practitioners** (All; Any)

- Basics of certification as a form of credentialing
- Attendees will learn how high quality certification programs are established and maintained, and how accreditation is used to ensure the quality of a certification program.
- Attendees will learn the value of earning a professional certification in safety and health and how it will benefit them, their employer, their profession and the general public.

*David West, CSP, ASP, PE, CHMM, Examinations Director, Board of Certified Safety Professionals*

**General Safety Sessions**

**5C. Issues That Might Be Sabotaging Your Electrical Safety Program** (All; Any)

- Common issues to look for
- How best to find these hidden issues
- How to eliminate these issues and prevent their return

*Daryn Lewellyn, President, Electrical Training Pro, LLC*

**INSafe/Safety Fundamentals**

**5D. Still Improving: Trends in Post-Recession Workplace Injuries and Illnesses**

- The effect of the economy on injury and illness data
- Estimating the cost of injuries and OSHA penalties
- Changes in reporting

*Stacy Wart, Director of Quality, Metrics and Statistics and Joe Black, BLS Survey Coordinator, QMS Division, Indiana Dept. of Labor*

**Management Safety Principles and Solutions**

**5E. Temporary Workers: Best Practices For Mutual Safety Success** (N; Any) 

- Educate both temporary staffing agencies and host employers on pre-planning safety strategies
- Outlining responsibilities for pre-placement and site-specific safety training for the temporary worker
- Understanding how to handle the accident reporting and claims management process with temporary workers

*Greg Clone, CSP, Risk Management Executive and Melanie Nykamp, CSHM, Senior Risk Management Consultant, Eastern Alliance Insurance Group*

**Occupational Health Safety & Wellness**

**5F. Total Worker Health Approach to Employee Safety and Wellness** (N/I; 101+) 

- How to empower employees to take more ownership through education and engagement via focus on body, behavior and environmental changes
- Learn how safety and ergonomics can take its rightful place alongside wellness as a driver in stopping the opioid crisis
- Addressing fatigue in the workplace

*Kevin Lombardo, President and CEO and Andi Rehr, Clinical Lead and Service Development, DORN Companies*

**Universal Safety**

**5G. Getting in Front of The Problem: Early Identification and Improved Management of High-Risk Work Injuries**

- Understand the outcome measures and flags that will affect the course of recovery, and use your position to try to influence the environments that the worker cannot control
- Understand and appreciate pain processes and psychosocial influences that occur and influence a claimant's behavior
- Adjust care to match pain mechanism and keep injured workers functioning to the best of their ability while they heal

*Kalen M. Morgan, MHS, OTR/L, CHT, CEAS, Occupational Therapist and Certified Hand Therapist, KORT WorkStrategies Coordinator*

**THURSDAY, FEBRUARY 28**

## General Safety Sessions II

### 5H. Serious Injuries and Fatalities (SIFs): The Shifting Paradigm and its Application (A; Any)

- Current studies and thoughts on SIFs
- The rationale to shift the safety focus to SIFs and their precursors
- Examples of direct application of SIF principles to current safety programs

*William Coffey, CSP, CPEA, WRC Safety and Risk Consultants*

## 10:30 a.m. Time Out

### 10:45-11:45 a.m. Concurrent Session Six

## Construction and Maintenance

### 6A. The In's and Out's of Welding Safety (All; Any)

- Various types of welding and safe practices
- Standards that apply to this application
- Common pitfalls related to welding and how to abate them

*Greg Anderson, MS, Environmental & Safety Director, Kennedy Tank & Mfg.*

## Effective Safety Management

### 6B. Safety in the "Gig" Economy: Temps, Contingent Workers and Contractors (All; Any)

- What OSHA expects when host employers retain temporary agency workers
- Civil and criminal liability when misclassifying workers or failing to provide comparable safety protections to contingent workers
- Key concepts including OSHA's multi-employer enforcement policy, and the concepts of statutory employer and borrowed employee in workers' compensation law

*Adele Abrams, CMSP, Esq., President, Law Office of Adele L. Abrams PC*

## General Safety Sessions

### 6C. Preventing Injuries by Implementing Preventative (PM) and Predictive Maintenance (PdM) Strategies (I; Any)

- Differences between PM and PdM strategies
- Hazards associated with non-routine tasks
- Best practices for controlling hazards of non-routine tasks

*Gwendolyn L. Arps, CSP, Sr. Loss Control Representative and Michael Schlagenhauser, Manufacturing Specialist, Acuity*

## INSafe/Safety Fundamentals

### 6D. What's in Your Safety Program?

- Required programs for your business
- Key elements of an effective safety program
- Employee training requirements

*Mark McDaniel, INSafe Safety Consultant, Indiana Dept. of Labor*

## Management Safety Principles and Solutions

### 6E. Why Human Resources Should be Safety's Best Friend: Driving Behavior in Organizations (I/A; 101+)

- How HR systems can drive safety culture
  - Better practices for cultural change
  - How to get into action tomorrow to improve your safety culture
- Laurence Pearlman, MA, Sr. Vice President, Marsh Risk Consulting and Adjunct Professor, University of Illinois School of Labor & Employment Relations*

## Occupational Health Safety & Wellness

### 6F. Hospitalizations and Serious Injuries in Indiana (N; Any)

- The top five categories of serious injuries in Indiana
  - The root cause of the top five serious injuries
  - Most common days and times that accidents occur in Indiana along with additional common denominators discovered
- Julie Alexander, JD, Director, Department of Labor-IOSHA Division*

## Universal Safety

### 6G. Periodic Health and Safety Audit Benefits

- Audit strategies
- Audit corrective actions
- Audit as a vehicle for culture change

*Mack Overton, Vice President, EHS Compliance Services, KERAMIDA*

## General Safety Sessions II

### 6H. Influencing Behaviors to Improve Employee Safety Performance (I; Any)

- Why employees choose unsafe behaviors, in spite of safety programs or training
- How best to influence employees so they choose safer behaviors every time
- Normalization of deviance and how to prevent it

*Keith Robinson, CSP, CHMM, Corporate Safety Director, Civil & Environmental Consultants, Inc.*

### 12:00-1:30 p.m. 2019 Governor's Workplace Safety Awards Lunch

*Remarks: Jeff Fox, President Elect/Conference Chair, Central Indiana Chapter of the American Society of Safety Professionals. GWSA Presentation: Commissioner Rick Ruble, Indiana Dept. of Labor. Indiana Chamber Safety Compliance Specialist Certificates Presentation: Jennifer George, Director, Conferences, Indiana Chamber of Commerce*

### Luncheon Presentation

**The Wife Left Behind: The Making of a Safety Professional**  
*Regina McMichael, CSP, CET, President, The Learning Factory, Inc.*

# CONFERENCE AGENDA

**THURSDAY, FEBRUARY 28**

**1:30 p.m. Time Out**

**1:45-2:45 p.m. Concurrent Session Seven**

## **Construction and Maintenance**

### **7A. Preventing Fatal Falls from Roof Projects** (All; Any)

- Identify fatal fall risks during roofing projects
- Arconic's roof safety process
- Arconic's pre-funding roof safety planning guide

*Matt Holland, CSP, Senior EHS Director, Arconic*

## **Effective Safety Management**

### **7B. Safety Communications Karma: You Get What You Give** (All; Any)

- Safety communication methods that need positive improvement
- Conversation, feedback and listening strategies to make you a better safety pro
- Positive language techniques to send the right message

*Regina McMichael, CSP, CET, President, The Learning Factory, Inc.*

## **General Safety Sessions**

### **7C. A Playbook for Safe Additive Manufacturing** (All; Any)

- Conceptual understanding of additive manufacturing processes
- Potential hazards appropriate to categories of additive manufacturing
- Current research on additive manufacturing exposures and controls

*Gary Roth, MS, PhD, Health Scientist, National Institute for Occupational Safety and Health (NIOSH)*

## **INSafe/Safety Fundamentals**

### **7D. Good Dirt! Trenching and Excavation Safety in Construction**

- How to properly classify soil types in accordance with OSHA regulations
- The types of available protective systems
- Other specific excavation requirements

*Bryan Thais, INSafe Safety Consultant, Indiana Dept. of Labor*

## **Management Safety Principles and Solutions**

### **7E. So You've Been Cited for a Safety Violation ... Now What?** (All; Any)

- Navigating the post-inspection process
- Evaluating and defending against safety orders
- Understanding the process when informal discussions fail

*Ryan Poor, Partner, Ice Miller LLP*

## **Occupational Health Safety & Wellness**

### **7F. Building the Winning Ergonomics Team** (N/I; Any)

- Metrics to focus on to address ergonomics-related illnesses and injuries for game-winning success
- How to avoid the paralysis of analysis and getting sacked by soft tissue illnesses and injuries
- How to use "short yardage gains" to effect long-term success

*Timothy Pottorff, CIE, ARM, Principal & Certified Industrial Ergonomist, QP3 ErgoSystems LLC*

**2:45 p.m. Time Out**

**3:00-4:00 p.m. Concurrent Session Eight**

## **Construction and Maintenance**

### **8A. New Construction and General Industry Silica Rules: What They Mean for You** (All; Any)

- Regulatory requirements and challenges to compliance
- Successful efforts in industry for employee exposure control
- The future of compliance with these standards; answers to questions and suggestions for action

*Daniel Engling, Health and Safety Staff Scientist, KERAMIDA, Inc*

## **Effective Safety Management**

### **8B. Reducing Regulations: An OSHA Legislative and Enforcement Update** (A; Any)

- Actions the current OSHA administration is taking to reduce regulations and the areas it is focusing on for enforcement
- How to proactively prepare for an OSHA inspection and ensure your company is in compliance with OSHA regulations
- How to respond if OSHA does inspect your facility and issues any citations

*Daniel Flynn, Partner and Anna Claire Skinner, Associate, Dinsmore & Shohl*

## **General Safety Sessions**

### **8C. National Office Furniture's Story: Injuries Reduced by 80%** (I; 250+)

- The use of a safety management system
- How to engage and empower employees
- Behavioral and early intervention programs

*Vince Cooke, SGE, PSP, Director of Safety, National Office Furniture*

## **INSafe/Safety Fundamentals**

### **8D. High Energy: What You Don't Know CAN Hurt You**

- The importance of lockout/tagout
- The types of energy and how they can hurt you
- Ways to spot "hidden" energy

*Ben Evans, INSafe Health Consultant, Indiana Dept. of Labor*

**Schedule is subject to change. For most recent agenda, please visit [www.INSafetyConf.com](http://www.INSafetyConf.com).**

**4:00 p.m. 2019 Indiana Safety and Health Conference Adjourns**

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### 2019 Conference Organizing Committee

- Jeff Fox, CSP – 2019 Conference Chair and President-elect, Central Indiana Chapter of ASSP (Dow AgroSciences)
- Greg Anderson – 2019 Conference Chair, Central Indiana Chapter of ASSP (Kennedy Tank & Manufacturing Co. Inc.)
- Kerri Begley, CMP – Conference Administrative Chair, Indiana Chamber of Commerce
- Kenneth R. Boucher II – Deputy Commissioner of Labor, Indiana Department of Labor
- Chet Brandon, CHMM, CSP, MA, MS – President, Central Indiana Chapter of ASSP (ATI Worksite Solutions)
- Jesse Brothers, CMP – Sponsor/Exhibitor Coordinator, Indiana Chamber of Commerce
- Kirstin Gent – INSafe Marketing and Communications Assistant, Indiana Department of Labor
- Jennifer George – Speaker/Concurrent Session Coordinator, Indiana Chamber of Commerce
- Christina Merriott – Past President, Central Indiana Chapter of ASSP (Trinity Safety Group)
- Vince Plank, CSP – Past President, Central Indiana Chapter of ASSP (Safety Management Group)



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